

Week One - 2010: 4 October, 8 November, 6 December; 2011: 17 January, 14 February

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|---|
| All Day Breakfast (Omelette, Bacon, Hash Brown) | Mega Yorkshire Pudding filled with Pork Sausage & Gravy | Chunky Chilli Chicken with Rice | Roast Pork with Sage & Onion Stuffing & Gravy | Oven Baked Fish in Light Crumb |
| Vegetable & Potato Curry <input type="checkbox"/> V with Naan Bread | Top Crust Tatty Pie (Quorn) <input type="checkbox"/> V | Cheese & Potato Pie <input type="checkbox"/> V | Vegetarian Pasta Medley Garlic Bread <input type="checkbox"/> V | Quesadilla filled with Bean & Mushroom Chilli Sunshine Rice <input type="checkbox"/> V |
| Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg |
| Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection |
| Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice |
| Paris Apple Pie served with Custard Lemon Curd Muffin | Chocolate Crunch served with Peppermint Sauce Angel Delight | Bakewell Tart served with Custard Banana Cake | Sultana Muffin served with Custard Quick Fruit Salad | Lemon Iced Sponge served with Lemon Sauce Cherry Cookie |
| Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar |
| Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Quorn Grill in a Bap with Salad + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Pepper Pizza Slice + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Bacon & Mushroom Baguette + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Roast Pork Bap with Sage & Onion Stuffing + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Cheese Savoury Baguette + Cake of the Day/Yoghurt/Fruit |
| Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar |
| Tuna Mayo Salad Wrap or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Egg Cheese & Red Pepper Baguette or Sandwich Selection <input type="checkbox"/> V + Cake of the Day/Yoghurt/Fruit | Ham Salad French Stick or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Egg & Cress Baguette or Sandwich Selection <input type="checkbox"/> V + Cake of the Day/Yoghurt/Fruit | Chicken Piri Piri Wrap or Sandwich Selection + Cake of the Day/Yoghurt/Fruit |

Available Daily

Freshly Baked Bread, Fresh Fruit + Muller Healthy Yoghurt, Drink Selection

Items in **Bold** contain coconut

V Suitable for Vegetarians - Cheese + Quorn products are suitable for Vegetarians

Week Three - 2010: 18 October, 22 November; 2011: 3 January, 31 January

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| Shepherd's Pie | Spaghetti Bolognese | Oven Baked Fish in Light Crumb served with Tomato Ketchup | Roast Gammon with Pineapple or Parsley Sauce | Hot Dog or Quorn Grill |
| Cheese & Mushroom Flan v | Crunchy Vegetable Crumble v | Farmhouse Mince with Yorkshire Pudding (Quorn) v | Tomato & Basil Pasta v | Bean Goulash Sunshine Rice v |
| Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg |
| Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection |
| Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice |
| Crunchie Tart served with Custard Vanilla Muffin | Iced Finger served with Custard Yoghurt Ice-cream | Trentham Tart served with Custard Rice Krispy Crunch | Apple & Cinnamon Muffin Vanilla Shortcake served with Chocolate Sauce | Dutch Apple Cake served with Custard Cream Cheese with Crackers |
| Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar |
| Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Cheese Savoury Baguette + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Cheese & Tomato Pizza Slice + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Bacon & Mushroom Baguette + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Vegetable Supreme Pizza + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Dog + Cake of the Day/Yoghurt/Fruit |
| Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar |
| Ham Salad Baguette or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Cheese & Onion French Stick or Sandwich Selection v + Cake of the Day/Yoghurt/Fruit | Chicken Piri Piri Wrap or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Breakfast Wrap or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Tuna Salad French Stick or Sandwich Selection + Cake of the Day/Yoghurt/Fruit |








Available Daily

Freshly Baked Bread, Fresh Fruit & Muller Healthy Yoghurt, Drink Selection

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Week Two - 2010: 11 October, 19 November, 13 December; 2011: 24 January, 28 February

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| Chilli Con Carne with Boiled Rice | Top Crust Digger Pie | Salmon Fishcake | Roast Chicken with Stuffing and Gravy | Birds Eye Fish Fingers with Tomato Ketchup |
| Country Vegetable Pie with a Golden Crust and Gravy  | Vegetable Biryani Naan Bread  | Spaghetti Bolognaise (Quorn)  | Cheese & Sweetcorn Flan  | Country Bake (Quorn)  |
| Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg |
| Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection |
| Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice |
| Chocolate & Pear Upside-down Cake Raspberry Bun | Peach Crumble served with Custard Vanilla Muffin | Carrot Cake served with Custard Cream Cheese with Crackers | Flapjack served with Custard Angel Delight | Steamed Chocolate Sponge served with Chocolate Sauce Shortcake |
| Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar |
| Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Pepper Pizza Slice + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Bacon & Egg Bap + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Tuna Melt Baguette + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Chicken & Stuffing Bap + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Beef/Quorn Grill in a Bap with Onions + Cake of the Day/Yoghurt/Fruit |
| Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar |
| Egg Mayo Baguette or Sandwich Selection  + Cake of the Day/Yoghurt/Fruit | Ham Salad Wrap or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Cheese Salad French Stick or Sandwich Selection  + Cake of the Day/Yoghurt/Fruit | Turkey Salad Baguette or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Tuna & Cucumber French Stick or Sandwich Selection + Cake of the Day/Yoghurt/Fruit |

Available Daily

Freshly Baked Bread, Fresh Fruit + Muller Healthy Yoghurt, Drink Selection

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Week Four - 2010: 1 November, 29 November; 2011: 10 January, 7 February

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| Potato Topped Ocean Pie | Top Crust Munster Pie | Lamb & Butternut Squash Curry with Rice | Organic Beef Meatballs Yorkshire Pudding & Gravy | Beef or Quorn Grill |
| Vegetable Lasagne ^v | Pasta in Vegetarian Carbonnara Sauce ^v | Cottage Pie (Quorn) ^v | Cheese & Egg Flan ^v | Birds Eye Fish Fingers with Tomato Ketchup |
| Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg | Salad/Veg |
| Seasonal Veg/Salad Bar Potato Selection | Seasonal Veg/Salad Bar Potato Selection | Seasonal Vegetables Potato Selection | Seasonal Vegetables Potato Selection | Seasonal Vegetables Potato Selection |
| Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice | Sweet Choice |
| Steamed Apple Sponge served with Custard Oat Crunchie Biscuit | Chocolate Pinwheel served with Custard Banana Muffin | Flapjack served with Custard Raspberry Bun | Traditional Rice Pudding with Peaches Wholemeal Shortcake | Steamed Chocolate Pudding served with Chocolate Sauce Orange Cookie |
| Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar | Hot Deli Bar |
| Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Cheese & Tomato Pizza + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Tuna Melt Baguette + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Mushroom Pizza Slice + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Hot Roast Pork Sub + Cake of the Day/Yoghurt/Fruit | Filled Jacket Potatoes Pasta Bar + Sauce Soup of the Day + Bread Roll Beef/Quorn Grill + Cake of the Day/Yoghurt/Fruit |
| Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar | Cold Deli Bar |
| Egg & Cress Baguette ^v or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Egg Mayo Baguette ^v or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Tuna & Cucumber French Stick or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Egg Cheese & Red Pepper Baguette ^v or Sandwich Selection + Cake of the Day/Yoghurt/Fruit | Salmon & Cucumber French Stick or Sandwich Selection + Cake of the Day/Yoghurt/Fruit |

Available Daily

Freshly Baked Bread, Fresh Fruit + Muller Healthy Yoghurt, Drink Selection

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